

Handout: Mapping Your Professional Journey

Use this handout along with the activity [Mapping your Professional Journey](#) to organize your thoughts and to draw your journey map.

IDENTIFY

Identify 6-8 experiences or life events that have shaped your career. They could be personal or professional. What makes these life points significant?

1.

2.

3.

4.

5.

6.

7.

8.

DRAW

Draw a professional journey map with your 6-8 experiences. It can be as simple as a timeline with text to describe different points on your journey. It could also include images and drawings that represent important moments in your professional life. Make sure to also capture why each life point is significant in your map.