

# My Personal Mission Statement



**Identify** your core values. What are the ethics, attitudes, and characteristics that mean the most to you?



**Pick** three of your core values. Why are these values important to you? How did you learn these values? What is your definition of each of these values?



**How** have these values been illustrated in your work or education? Describe at least one example of a time where you acted on each of your three core values (or did not!). What was the impact of following through on your values?

**(Wait to go to page 2)**

**Write** a simple, short statement that describes your mission. Incorporate what your values mean to you and how you plan on following your mission in the future.

When the group is ready, **reflect** with a partner. You can either reflect on the experience of writing this mission statement or share the mission statements with each other to give each other feedback.

**Share** this experience in a whole group discussion. What surprised you? What did you learn?